

Kelmscott's Treble Award Winning Youth Health Champions

Students from our Youth Health Champion programme have continued to achieve success, winning some fantastic accolades; not one, not two, but three recent awards.

Award 1

On Monday 14th October Mr Jones and Ms Ereira were lucky enough to be invited to City Hall as guests to see former Head Girl, Ida Saidy, collect the prestigious Team London Young Volunteer of the Year Award at the Mayor of London's Volunteering Awards 2019. Ida beat lots of competition from other young volunteers helping people across London.

Ida was recognised for her hard work and commitment as a Youth Health Champion (YHC) and Violence Against Women and Girls (VAWG) Peer Educator, her work as a Team London Youth Advisory Board Ambassador, speaking at the WE charity summit on gender equality at the Museum of London, her work as a Young Advisor for Waltham Forest Council and for hosting her own social action event on domestic violence. Ida is an incredibly dedicated and selfless young woman, always ready to advocate for the most vulnerable members of society and doing all she can to make the world a better place.

Ida richly deserved this award and she was thrilled when it was presented by the Mayor of London, Sadiq Khan.

When asked how she felt about winning Ida, in her usual modest manner saw this as an award to be shared with her peer YHC and Young Advisors, "I am so proud of what we have all achieved and what we will achieve in the future".





Award 2

Two of last year's YHC were among an elite number of young people recognised by the Royal Society for Public Health (RSPH) for their work as part of the YHC programme.

From almost 1000 trained Youth Health Champions, Sabrina Sellami and Geanina Savu were Highly Commended at the Hygeia Awards for Youth Health Champions 2019.

Geanina, Kelmscott Head Girl, and Sabrina, Deputy Head Girl, were recognised for their incredible contribution to the work of the YHC in the past 12 months. As part of their role both girls delivered healthy eating workshops during their half term holiday, delivered a number of important health and wellbeing campaigns and helped to create an incredibly powerful and insightful period poverty campaign, Drip 16. Both of them received training to deliver a 9 week relaxation programme, mental health assemblies, sexual health and drug awareness promotions.

Sabrina is the creative force behind many of the campaigns; she has an incredible artistic approach and has the skills and ability to make even simple posters eye catching.

Geanina is an incredibly hardworking, empathetic and committed young lady and was the driving force behind making the badges for the Drip 16 campaign, even teaching herself how to use a complicated and sophisticated piece CDT equipment to cut the acrylic sheets required for this process.

This is only the second time RSPH have included Youth Health Champions in the Hygeia awards and it is the second year Kelmscott's YHC have been part of the winning nominee, Jessica Tunks winning the award last year.

This is a tradition we hope will continue!



Award 3

Following a successful funding application and pitch to representatives of Team London for their Small Grants programme, our 2018/19 YHC cohort successfully delivered an innovative and impacting period poverty campaign, Drip 16.

The YHC's not only delivered assemblies and presentations to school senior leaders and their peers about this issue, they designed and made badges to raise funds for charities supporting women and girls, created an art installation and collected signatures for a petition to ask the Government to supply sanitary products free for women and girls in full time education or on benefits.

Their art installation made a bold statement and helped raise the profile of such an important problem facing many women and girls.

Their campaign not only received support from Stella Creasy, MP for Walthamstow, Waltham Forest Cllr Grace Williams, Cabinet Member for Children, Young People and Families, Cllr Naheed Asghar, Cabinet Member for Health & Voluntary Sector

Partnerships and Cllr Sharon Waldron , they were also able to arrange for Red Box project boxes to be available in our school. Their promotion on social media continues to gain support.

As part of the grant award winning teams presented their campaigns at a celebration event at City hall on 11th July 2019. The three students representing the YHC team had to explain to a wide range of judges, City Hall staff and VIPs their idea for the campaign, how they promoted this idea, how they addressed the issue and their creativity and methods of delivery. Visitors were encouraged to enter the installation or take a virtual tour of the inside. The students managed to sell lots of their badges and secure lots of signatures for their petition.

The installation was well received and the scrapbook of their campaign journey was well received.

Despite competition from a wide range of other campaigns led by young people from across London, Kelmscott were victorious, wining the Team London Young Ambassadors People's Choice Award. This award meant so much to our YHC as the award was given to the more impactful message and was voted for by visitors who had never seen their work before.

The award was accepted on behalf of all 8 YHC members.





We would like to congratulate all of our winners on their incredible achievements. These awards were richly deserved.